

I Thank You, Lord

MONDAY

Introduction

“God is good all the time; all the time God is good” is a popular saying sometimes heard among Christians. Some adults, however, struggle to affirm God’s goodness all the time, particularly when things are not going well for them. At times adults are blinded to God’s goodness by the circumstances of their lives. But God’s unchanging goodness is one of the most fundamental truths about God, and strong confidence in God’s goodness is essential if Christians are to engage in meaningful worship. This lesson reminds adults of ways God has shown His goodness to us and why thanksgiving should be an essential element of worship.

Invitation to Give Thanks – Read Psalm 107:1-3 and ask yourself the following questions

1. *Do you read verse 1 as an “invitation” to give thanks, or a command? Do you think the subpoint title should have been different?*
2. *What reasons did the psalmist give to thank God?*
3. *What does it mean that God is “good?”*
4. *Who are the “redeemed of the Lord?” What does this word mean?*
5. *Does verse three remind you of anything from our previous lessons? (Note: In the March 11 lesson, we talked about Psalm 86:9: “All the nations You have made will come and bow down” before God. Here, the image is that the redeemed will be gathered from the four corners of the earth).*
6. *As individuals, how has God been good to us?*
7. *How has God been good to your family?*
8. *How has God been good to our church family?*

TUESDAY

Reasons to Give Thanks – Read Psalm 107:4-9 and answer the following questions

1. *What were the reasons the psalmist gave to thank God?*
2. *What was the progression of events? (they were hungry, they cried out, God rescued, God led them, they gave thanks)*
3. *What “good things” does God fill the hungry with?*
4. *Why is it easier to thank God for blessings when we have gone without them for a time?*
5. *How has God demonstrated His faithfulness to you, even during times in your life when you were less than faithful to Him?*
6. *Of the five things God provided for His people during their wanderings, which ones do you think mattered the most? Why?*

WEDNESDAY

Response of the Thankful – Read Psalm 107:33-38,43 and answer the following questions

Summary: In this passage, the psalmist shows that God humbles and God exalts. He devastates the wicked, and he uplifts the righteous. Thankful people realize that God is the giver of all good things and show him their

gratitude. We often think that God only works in the context of the pages of Scripture, but he is still moving today.

1. *What are some specific things God did to humble the inhabitants of the land?*
2. *Considering how much the people relied on farming to survive, do you think they got the message?*
3. *Does God still humble people today? How so? Get practical.*
4. *How did God reverse the curse in verses 35-38?*
5. *Why do you discipline your children?*
6. *Why does God discipline us?*
7. *How should we accept God's discipline?*
8. *Which of "these things" are we supposed to pay attention to in verse 43: the discipline in verses 33-34, or the uplifting in verses 36-38?*

THURSDAY – SATURDAY

Over the next several days, read over these additional articles:

1. Rivers in the Desert
2. The Psalms as Praise
3. The Wilderness and the Solitary Place